

# **BURNOUT KEYNOTES**

**Presented by Tammy K. Rogers**



**A recent survey found that 40% of US workers are burned out.**

The myth is that burned out employees are just a bunch of weak individuals that can't hack it.

That couldn't be farther from the truth. The employees that are most often getting burned out are top performers. And companies, not just workers, are paying the price. Burnout leads to:

- Skyrocketing healthcare costs
- Increased turnover
- Diminished productivity
- Demoralized workforce

Tammy has written keynote speeches that examine burnout from 4 different perspectives:

- 1. The Impact of Burnout on Organizations**
- 2. Learning to Lead without Leading to Burnout**
- 3. Preventing (or Recovering) from Workplace Burnout**
- 4. Building a Burnout-Free Workplace**

Burnout is being called the occupational hazard of the 21<sup>st</sup> century...

AND – The good news is that burnout doesn't need to negatively impact employees or organizations.

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